



South African Association for Child and Adolescent Psychiatry and Allied Professions

2024 SA-ACAPAP CONGRESS

In participation with AACAMH, PANDA-SA and SAISI

7-9 MARCH 2024



Early bird registration closes on 14 Dec 2023

Draft Programme is now available online: www.saacapap.co.za

WORKSHOPS:

Pre-booking for the workshops is essential as workshop spaces may be limited.

WORKSHOPS:	COST:
SA-ACAPAP members that attend the full 3 day congress:	R250
Delegates that attend the full congress:	R500
Delegates that only attend a workshop:	R1250

ACT for youth: Core principles and processes

Facilitators: Dr David Rosenstein, Clinical psychologist and behaviour therapist, specialising in the treatment of adult and child obsessive compulsive and anxiety disorders, Cape Town. Hannes Wessels, Therapist and educational psychologist, Cape Town

Date: 7 March 2024
Time: 08h30-12h30

Acceptance and commitment therapy (ACT) is a third wave process based behavioural therapy for the treatment of a number of mental health disorders in childhood and adolescents. It has become one of the largest and most evidence based psychological therapies. This workshop aims to provide an overview of the important theoretical foundations of ACT and a few of the core practical applications for childhood and adolescent therapy.

Child and Mental Health Services (CAMHS) strengthening

Facilitator: Dr Rene Nassen, Child and adolescent Psychiatrist, CAMHS Western Cape. Lentegeur Hospital, University of Stellenbosch

Date: 7 March 2024
Time: 13h00-16h30

Demystifying sensory integration in neurodiversity

Facilitators: Gina Rencken, University of KwaZulu Natal, Ray-Anne Cook Private Practice OT

Date: 7 March 2024
Time: 08h30-12h30

Participants will explore sensory integration and its outcomes in neurodiverse older children and adolescents, and gain insight and understanding into the difference between Ayres Sensory Integration (ASI) and other sensory-based approaches including sensory strategies. Practical solutions, experiential learning and case-based discussions will be included, with participants leaving with a nuanced understanding of the application of Ayres Sensory Integration to populations they serve. Prior to attending this workshop, participants will also receive free access to an online 4 hour asynchronous workshop, "Introduction to Ayres Sensory Integration" sponsored by SAISI (South African Institute for Sensory Integration). Completion of this online workshop is strongly recommended prior to attending the in-person workshop.

Early Career Researchers Workshop

Facilitators: Marisa Viljoen, Research Officer, University of Cape Town

Date: 7 March 2024
Time: 08h30-16h30 Limited attendance by application only. - Applications close 19 January 2024
For more information visit the website

SYMPOSIA:

To be hosted as part of the main congress programme on 8 and 9 March.

ARFID (Avoidant restrictive food intake disorder) - More than a fuss about feeding

On behalf of SASOP CAPSIG, our Multidisciplinary Team from Northwest University will be presenting a novel framework for the assessment and management of ARFID. This diagnostic category is highly relevant to the field of Child and Adolescent Psychiatry and Allied Health Professions. As part of the Symposium, insights from the multidisciplinary audience will be invited to refine this framework for clinical use.

Presenters: Dr. Carla Groenewald - Psychiatrist, Mrs Hanlie Degenaar - Head of Care2Kids and Senior Speech Language Therapist; Ms Michelle Bach- Clinical Psychologist and Lecturer, Mrs Linda Retief - Occupational Therapist

Contextually relevant technology to support families with neurodevelopmental disabilities

Digital technologies are rapidly emerging as tools to support the identification of and intervention for autism and other developmental disabilities. This process was accelerated during the COVID-19 pandemic, when remote technologies sometimes were the only tools to reach and support infants, children, adolescents and their families. In principle, technologies therefore have enormous potential to empower families around the globe. However, there are many challenges to implementing digital technologies. One key challenge is the fact that children and adolescents who may need support live in culturally, linguistically and socio-economically highly diverse communities, and access to technologies may be hugely variable. Therefore, there is a great need to consider the accessibility, affordability, and cultural appropriateness of potential technologies across diverse communities. Another key challenge is the fact that clinical, educational and social care systems look very different around the globe. In this symposium, we will present four examples to illustrate how remote technologies were developed in culturally- and contextually-sensitive ways in participation with a range of stakeholder groups.

Presenters: Ms Marisa Viljoen, Ms Minkateko Ndlovu, Prof Petrus de Vries, Dr Nola Chambers, University of Cape Town

KEYNOTES:



Prof Luis Rohde

Federal University of Rio Grande do Sul | Hospital de Clinics de Porto Alegre, Brazil



Dr Anna Ordonez

National Institute of Mental Health, USA



Dr Anusha Lachman

Stellenbosch University



Ms Lucy Jamieson

University of Cape Town



Dr Heidi Matisonn

University of Cape Town

Please visit the congress website for all information and to register: www.saacapap.co.za